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# **APITO PLAIN MOIST CAKE MIX**

### **OVERVIEW**

For the preparation of a delicious moist vanilla flavoured cake

#### USAGE

Blend with water, egg and oil.

#### **INGREDIENTS**

Sugar, Wheat Flour, Starch, Glucose Syrup Solid, Modified Starch, Leavening Agent (E450, E500), Flour Protein, Salt, Thickener (E415, E466), Acidity Regulator (E330), Permitted Flavouring

#### PACKAGING

**Code** 4143 **Size** 15 KG **Type** Bag Palletisation



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#### **NUTRITIONAL INFORMATION**

Туре	Value
Energy (kJ)	1,440.00
Energy (Kcal)	345.00
Protein (g)	3.50
Fat (g)	0.50
Fat (of which saturates)(g)	0.10
Carbohydrate (g)	69.90
Carbohydrate (of which sugars)(g)	40.20
Sodium (mg)	933.00

#### METHOD

Group 1	
Ingredient	KG
APITO PLAIN MOIST CAKE MIX	0.500
Water	0.100
Eggs	0.200
Vegetable Oil	0.185
	Total Weight: 0.985

#### DESCRIPTION

1. Mix Group 1 in mixing bowl and blend for 1 minute at slow speed. 2. Scrape down the mixture. 3. Then mix for another 2 minutes at second speed. 4. Deposit 600 gm of batter into rectangular baking trays which has been lined up with greased proof paper. 5. Bake at 185°C for approximate 45 - 50 minutes.

